

## How Suffragists Used Cookbooks As A Recipe For Subversion

NINA MARTYRIS- NPR



In the Meryl Streep period movie *Suffragette*, Englishwomen march on the streets, smash shop windows and stage sit-ins to demand the vote. Less well-known is that across the pond, a less cinematic resistance was being staged via that most humble vehicle: the cookbook.

Between 1886, when the first American suffragist cookbook was published, and 1920, when the 19th Amendment to the U.S. Constitution granted women the right to vote, there were at least a half-dozen cookbooks published by suffragette associations in the country.

These books were the descendants of the post-Civil War charity cookbooks, published to raise funds for war victims and church-related issues.

Read more [here at NPR](#)